

COMPOSTING IN

7 EASY STEPS

1

Choose the type and size of compost bin for your home.

2

Make holes around the side for oxygen.

3

Add green (kitchen waste, garden clippings) and brown waste (cardboard, egg boxes, dead leaves).

4

Alternate layers.

5

Keep adding green and brown waste as they accumulate 50:50.

6

Shake it every couple of days and make sure it stays moist.

7

Collect your compost.



NO GRDEN? NO PROBLEM! SUSTAINABLE GROWING

How Does It Help? What's The Point?

1 Saves You Money

How? By composting at home you can save lots of money on your bin charges. You'll have less stuff going out in your household waste. Yayy!

1



2



2 Reduce Food Miles

Growing your own fruit and veg can massively reduce your food miles. This is great for the environment and reduces your carbon footprint!

3 Reduce Global Warming

Composting at home for 1 year can save global warming gases equal to all the CO2 your kettle produces annually. Essentially you can carbon offset your tea and coffee drinking habits.

3



4



4 Wellbeing

Growing your own, gardening and being out in the environment has been proven to boost your mental health and lower stress.

5 No Chemicals

Growing your own means you know exactly what's going in, and on, to your food. You get to use natural non-toxic methods on your plants meaning you help the rivers and oceans!

5



NO GARDEN? NO PROBLEM!

Sustainable Growing For Urban Spaces

We Love The Environment And We Love Growing Stuff.



But What If You Don't Have A Garden?

We've Got You Covered Check Out Our Video Series



Three Videos To Get You Growing

- **Composting On Your Backdoor Step**
- **Container Planting**
- **Vertical Growing**

